

Neuro-Optometry Vision Questionnaire

To reveal potential vision problems after TBI or concussion.
Please circle the number that best matches your observations.

NAME _____

DATE _____

<i>How often does each behavior occur?</i>	Never	Seldom	Occasionally	Frequently	Always
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EYESIGHT CLARITY

Distance vision blurred and not clear - even with lenses	0	1	2	3	4
Near vision blurred and not clear - event with lenses	0	1	2	3	4
Clarity of vision changes or fluctuates during the day	0	1	2	3	4
Poor night vision/can't see well to drive at night	0	1	2	3	4

VISUAL COMFORT

Eye discomfort/sore eyes/eyestrain	0	1	2	3	4
Headaches or dizziness after using eyes	0	1	2	3	4
Eye fatigue/very tired after using eyes all day	0	1	2	3	4
Feel "pulling" around the eyes	0	1	2	3	4

DOUBLING

Double vision - especially when tired	0	1	2	3	4
Have to close to cover one eye to see clearly	0	1	2	3	4
Print moves in and out of focus when reading	0	1	2	3	4

LIGHT SENSITIVITY

Normal indoor lighting is uncomfortable - too much glare	0	1	2	3	4
Outdoor lighting too bright - have to use sunglasses	0	1	2	3	4
Indoor fluorescent lighting is bothersome or annoying	0	1	2	3	4

DRY EYES

Eyes feel "dry" and sting	0	1	2	3	4
"Stare" into space without blinking	0	1	2	3	4
Have to rub the eyes a lot	0	1	2	3	4

DEPTH PERCEPTION

Clumsiness/misjudge where objects really are	0	1	2	3	4
Lack of confidence walking/missing steps/stumbling	0	1	2	3	4
Poor handwriting (spacing, size, legibility)	0	1	2	3	4

PERIPHERAL VISION

Side vision distorted/objects move or change position	0	1	2	3	4
What looks straight ahead isn't always straight ahead	0	1	2	3	4
Avoid crowds/can't tolerate "visually-busy" places	0	1	2	3	4

READING

Short attention span/easily distracted when reading	0	1	2	3	4
Difficulty/slowness with reading and writing	0	1	2	3	4
Poor reading comprehension/can't remember what was read	0	1	2	3	4
Confusion of words/skip words during reading	0	1	2	3	4
Lose place/have to use finger to not lose place when reading	0	1	2	3	4

Total score = **x0** **x1** **x2** **x3** **x4**

A total score of 31 or above suggests the need for neuro-optometry care.