

# Neuro-Optometry Vision Questionnaire

*To reveal potential vision problems after TBI or concussion*

NAME \_\_\_\_\_ DATE \_\_\_\_\_

**Please circle the number that best matches your observations.**

<i>How often does each behavior occur?</i>	Never	Seldom	Occasionally	Frequently	Always
<b>EYESIGHT CLARITY</b>					
Distance vision blurred and not clear – even with lenses	0	1	2	3	4
Near vision blurred and not clear – even with lenses	0	1	2	3	4
Clarity of vision changes or fluctuates during the day	0	1	2	3	4
Poor night vision/can't see well to drive at night	0	1	2	3	4
<b>VISUAL COMFORT</b>					
Eye discomfort/sore eyes/eyestrain	0	1	2	3	4
Headaches or dizziness after using eyes	0	1	2	3	4
Eye fatigue/very tired after using eyes all day	0	1	2	3	4
Feel "pulling" around the eyes	0	1	2	3	4
<b>DOUBLING</b>					
Double vision – especially when tired	0	1	2	3	4
Have to close or cover one eye to see clearly	0	1	2	3	4
Print moves in and out of focus when reading	0	1	2	3	4
<b>LIGHT SENSITIVITY</b>					
Normal indoor lighting is uncomfortable – too much glare	0	1	2	3	4
Outdoor light too bright – have to use sunglasses	0	1	2	3	4
Indoor fluorescent lighting is bothersome or annoying	0	1	2	3	4
<b>DRY EYES</b>					
Eyes feel "dry" and sting	0	1	2	3	4
"Stare" into space without blinking	0	1	2	3	4
Have to rub the eyes a lot	0	1	2	3	4
<b>DEPTH PERCEPTION</b>					
Clumsiness/misjudge where objects really are	0	1	2	3	4
Lack of confidence walking/missing steps/stumbling	0	1	2	3	4
Poor handwriting (spacing, size, legibility)	0	1	2	3	4
<b>PERIPHERAL VISION</b>					
Side vision distorted/objects move or change position	0	1	2	3	4
What looks straight ahead – isn't always straight ahead	0	1	2	3	4
Avoid crowds/can't tolerate "visually-busy" places	0	1	2	3	4
<b>READING</b>					
Short attention span/easily distracted when reading	0	1	2	3	4
Difficulty/slowness with reading and writing	0	1	2	3	4
Poor reading comprehension/can't remember what was read	0	1	2	3	4
Confusion of words/skip words during reading	0	1	2	3	4
Lose place/have to use finger not to lose place when reading	0	1	2	3	4
<b>Total score =</b>	<b>x 0</b>	<b>x 1</b>	<b>x 2</b>	<b>x 3</b>	<b>x 4</b>

**A total score of 31 or above suggests the need for neuro-optometry care.**



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